PE Curriculum Overview 2026-2027

	Autumn 1 Stewardship of God's Creation	Autumn 2 Family & Community	Spring 1 Dignity of The Human Person Solidarity of The Common Good	Spring 2 Option for the Poor & Vulnerable	Summer 1 Dignity of Work and the Rights of Workers	Summer 2 Rights and Responsibilities
Pre-School	**Core Strength & Balance** Balance Ability 1 **Spatial Awareness** Locomotion: Walking	**Core Strength & Balance** Balance Ability 2 **Gymnastics** Moving	**Gross Motor Skills & Coordination** Dance (Nursery Rhymes) **Core Strength, Balance & Coordination** Locomotion: Jumping	**Gross Motor Skills & Coordination** Dance (Dinosaurs) **Coordination & Control** Ball skills: Hands 1	**Spatial Awareness & Agility** Athletics 1 **Core Strength & Balance** Balance Ability 3	**Spatial Awareness & Agility** Athletics 2 **Spatial Awareness & Agility** Games for Understanding
Reception	**Core Strength & Balance** Balance Ability 1 **Spatial Awareness & Agility** Play: Playing through games	**Core Strength & Balance** Balance Ability 2 **Core Strength, Balance & Coordination** Gymnastics	**Gross Motor Skills & Coordination** Dance 1 **Coordination & Control** Ball skills: Hands 2	**Gross Motor Skills & Coordination** Dance 2 **Coordination & Control** Ball skills: Feet	**Spatial Awareness & Agility** Athletics 1 **Core Strength & Balance** Balance Ability 3	**Spatial Awareness & Agility** Athletics 2 **Spatial Awareness, Coordination & Agility** Rackets, bats, balls & balloons
Year 1	**Gymnastics** Gymnastics 1 **Locomotion & Games** Running Playing Games	**Gymnastics** Gymnastics 2 **Coordination & Games** Ball skills: Hands 1	**Dance** Dance 1 **Coordination & Games** Ball skills: Feet	**Dance** Dance 2 **Agility & Coordination** Health & Wellbeing	**Athletics** Athletics 1 **Spatial Awareness & Coordination** Rackets, bats and balls	**Athletics** Athletics 2 **Games** Games for Understanding
Year 2	**Gymnastics** Gymnastics 1 **Agility** Locomotion: Dodging	**Gymnastics** Gymnastics 2 **Coordination & Games** Ball skills: Hands 1	**Dance** Dance 1 **Spatial Awareness & Coordination** Rackets, bats and balls	**Dance** Dance 2 **Aquatics** Swimming 1	**Athletics** Athletics 1 **Aquatics** Swimming 2	**Athletics** Athletics 2 **Aquatics** Swimming 3
Year 3	**Gymnastics** Gymnastics 1 **Aquatics** Swimming 1	**Gymnastics** Gymnastics 2 **Aquatics** Swimming 2	**Dance** Dance 1 **Aquatics** Swimming 3	**Dance** Dance 2 **OAA** Communication & Tactics	**Athletics** Athletics 1 **Invasion Games** Game Sense Invasion	**Athletics** Athletics 2 **Games** Net/Wall: Tennis
Year 4	**Gymnastics** Gymnastics 1 **Aquatics** Swimming 1	**Gymnastics** Gymnastics 2 **Aquatics** Swimming 2	**Dance** Dance 1 **Aquatics** Swimming 3	**Dance** Dance 2 **OAA** Problem Solving	**Invasion** Football **Games** Striking and fielding: Cricket	**Athletics** Athletics 2 **Games** Net/Wall: Tennis

Year 5	**Gymnastics** Gymnastics 1 **Agility** Health Related Exercise	**Gymnastics** Gymnastics 2 **Invasion Games** Basketball	**Dance** Dance 1 **Invasion Games** Football	**Dance** Dance 2 **Aquatics** Swimming 1	**Athletics** Athletics 1 **Aquatics** Swimming 2	**Games** Striking & Fielding: Rounders **Aquatics** Swimming 3
Year 6	**Gymnastics** Gymnastics 1 **Invasion Games** Game Sense Invasion	**Gymnastics** Matching & Mirroring **Agility** Health Related Exercise	**Dance** Dance 1 **Invasion Games** Netball	**Dance** Dance 2 **Invasion Games** Football	**Athletics** Athletics 1 **Games** Striking & Fielding: Cricket	**Athletics** Athletics 2 **Games** Striking & Fielding: Rounders